

# The Monthly Roll

December 2005  
Issue 1

Rolling out local youth program information and news for teen development professionals and their youth

## Ophelia Project of Tampa Bay is Recruiting

The Ophelia Project-Tampa Bay is now accepting applications for the highly successful 2006 Ophelia Teen Ambassador Program (OTA) for high school girls, currently in grades 9-11. These young women serve as the high school leadership board for Ophelia and take an important role at Ophelia events. Applications are available at [www.opheliatampa.org](http://www.opheliatampa.org).

\*\*\*The application deadline has been extended to Dec. 22, 2005.\*\*\*

Teen Ambassadors are Hillsborough County public and private high school girls who meet monthly to speak up about issues important to teen girls, such as positive self-esteem/body image, dealing with stress and diversity. Monthly meetings are held on Tuesdays from 6pm -8pm. There are three regional groups—North/Northwest Tampa, South Tampa, and East Hillsborough. The program is free and open to all girls.

To apply, download the application from [www.opheliatampa.org](http://www.opheliatampa.org), under the programs section. If you have questions contact **MC Lowenstein** at [mary.lowenstein@tampaymca.org](mailto:mary.lowenstein@tampaymca.org). Applications are most easily received by email and need to be returned by mail or fax.

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## Hillsborough County Youth Agency Council

Join youth agency/organization professionals from around the county for lunch (provided at no cost) and for some great resource exchange and networking. A guest speaker and grant updates/announcements will be provided. Bring your flyers for upcoming activities to pass out!

The purpose of the Youth Agency Council is to promote youth serving organizational programs from throughout Hillsborough County; develop a communication network for the sharing of program ideas that will better serve the community; develop activities and programs that will involve youth from all agencies; develop ways to increase public awareness of existing programs.

If you are interested in joining or just coming to one of the meetings, please contact **Mike Trepper** at **813-758-9468** or **Herman Broxton** at **813-930-7525**. The Hillsborough County YAC has been providing opportunities for youth agency professionals to network for over 2 decades! Come be a part of this unique collaborative!

Brought to you by **Adolescent Development Services** – Making a difference in today's programs for tomorrow's youth.

## Hip Hop Ballroom Dancing

What does  
Hip Hop and Latin music

+

**Ballroom Dancing**

*(and various dancing styles)*

= **A fresh, new and exhilarating experience!!!!**

**Teens** join us for this **free** & fun opportunity on: **Wednesday, December 28th 2005** from **6:30-8:00pm** at the **University Area Community Development Center**. Call **813-727-1707** to RSVP

*(We can accommodate no more than 40 teens so make sure you call to reserve your space today)*

**Discover a rhythm worth dancing to!!!!**

*If you would like to submit information about your programs to **The Monthly Roll**, please e-mail to [info@youthconsultants.com](mailto:info@youthconsultants.com). Provide us with recruiting & application deadlines, program descriptions, funding opportunities for youth programs and more and we will put it all in our next publication.*

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## Some Best Practices used to Respond to...

...Overscheduled Youth. The Youth Agency Council recently had a discussion about responding to overscheduled youth. These are youth that participate in numerous programs and extracurricular activities and then lose the ability to manage all of them effectively. What starts off as positive opportunities for development eventually become negative burdens as teens become less able to fully commit to the needs of each program.

Many factors play into a teens decision to join numerous programs including scholarship and college purposes or just for the feeling of being needed. In all cases teen program professionals find themselves continuously confronting the problem. Several ideas were given at the December YAC meeting that may help respond to this ever-looming issue.

- Connect with the family and the teen to manage opportunities
- Recruit from areas with unidentified leaders
- Provide opportunities to connect with the community
- Workshops on time management
- Expand expectations for teens
- Thoroughly explain what it means to be a leader
- Changing parents perception of true leadership
- Start developing youth leadership skills at ages 10-12

For more information about the Hillsborough County YAC, please contact **Mike Trepper** at 813-758-9468 or **Herman Broxton** at 813-930-7525

## Teen Volunteers for Anytown

Anytown is a youth leadership and diversity awareness program that fosters respect and unity through peer modeling. Anytown is always looking for youth leaders (ages 14-18) to participate in its programs as delegates and for volunteers to serve as counselors and advisors.

This season, the NCCJ of Tampa Bay will host 5 Anytowns (3 for Pinellas County students and 2 for Hillsborough County students). Each Anytown lasts 5 days. Volunteers are required to commit to the full 5 days and participate in 2 prior training sessions. For more information, please contact NCCJ's Director of Programs, **Jessica Estevez** at 727-568-9333

## University Area Teen Council Recruitment

The University Area Community Development Corporation's (UACDC) **Teen Council** is currently recruiting for the new year. This leadership program provides teens with the opportunities to get involved in the University Area community. By providing various programs and projects throughout the community, council members receive service hours for graduation while making a difference for University Area residents. **Teen Council** participants are also given the opportunity to strengthen their own personal, professional and social development skills as they embark on numerous workshops, trips and partnering events. For more information about the UACDC's Teen Council contact the **Teen Council Advisor** at 813-727-1707.

## Zoo Crew Explorers at Tampa's Lowry Park Zoo...

... is currently recruiting for the new year. This professional and personal development program provides youth 13-19 years of age, with an opportunity to work in several areas in the Zoo, including animal care, education, and operations. These areas offer essential developmental components adding to the teens' overall appreciation of the natural world.

In addition to working in their departments participants are responsible for conservation presentations, animal interpretation, special community projects, and conducting Zoo improvement surveys. During the school year the teens are also tasked with various programs and projects that assist in developing skills ranging from budget management to public speaking and from project design to journalism.

To ensure strong youth program commitment to its community, the Zoo Crew Explorers program is involved in several neighborhood initiatives and partners with other youth program organizations. All of the skills learned will enable participants to be better prepared for life after graduation.

"It's a program for youth that's fun, rewarding, educational and inspiring. Lowry Park Zoo is set on giving us all the skills needed to succeed when we get older." - Zoo Crew Explorer program graduate.

For more information or to receive an application, please contact Lowry Park Zoo's **Department of Teen Programs** at 813-935-8552 ext. 479